



2016 Childbirth Classes

2016 Car Seat Classes

Education on car seats and proper installation. Bring your car seat, the car you will bring your baby home in and the manuals for both!

Seats are available at a discounted rate for those on WIC or Medicaid.

2nd Tuesday of every month

Fernandina Beach Clinic

1620 Nectarine Street, Fernandina

3:30-5:00 p.m.

January 12

February 9

March 8

April 12

May 10

June 14

July 12

August 9

September 13 @ Ron Anderson

October 11

November 8

December 13



Night Classes 5:30-8:30 p.m.

Fernandina Beach Clinic

1620 Nectarine Street

Fernandina Beach

January 7, 14, 21, 28—Thursdays

March 3, 10, 17, 24—Thursdays

May 5, 12, 19, 26—Thursdays

July 7, 14, 21, 28—Thursdays

September 1, 8, 15, 22—Thursdays

November 3, 10, 17 & December 1-

Thursdays



Special Notes: Persons with disabilities requiring accommodations in order to participate in this program or activity should contact 904 530-6751 at least seventy-two hours in advance to request accommodations.

Join us as you approach your 7th month of pregnancy for a series of 4 classes that provide you with information to plan for the birth of your baby!

You are welcome to bring a partner to learn about: labor, breathing & relaxation, medication options, post partum care, breastfeeding, and infant care and safety. Class times and locations may change so call us to reserve your spot. Please wear comfortable clothing, bring a pillow, blanket & a small snack if you like!



Classes are free!

Call to sign up!

904-530-6751