

Age Friendly Livable Communities- Nassau



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Nassau County Age Friendly Advisory Council

What is Age Friendly?

AARP Network of Age-Friendly States and Communities supports:

- Age-friendly communities are designed to include all persons, especially persons over the age of 60 years
- Streets are walkable, parks are accessible
- Housing is designed for all ages, supports “aging in place”
- Transportation options exist to provide access to key services
- There are opportunities for residents to participate in any/all community activities.
- Communities are designed with the *lens of an aging person* so as to be best equipped to be a great place for people of all ages.

AARP Network Age Friendly Communities - USA

<https://www.aarp.org/livable-communities/network-age-friendly-communities/>



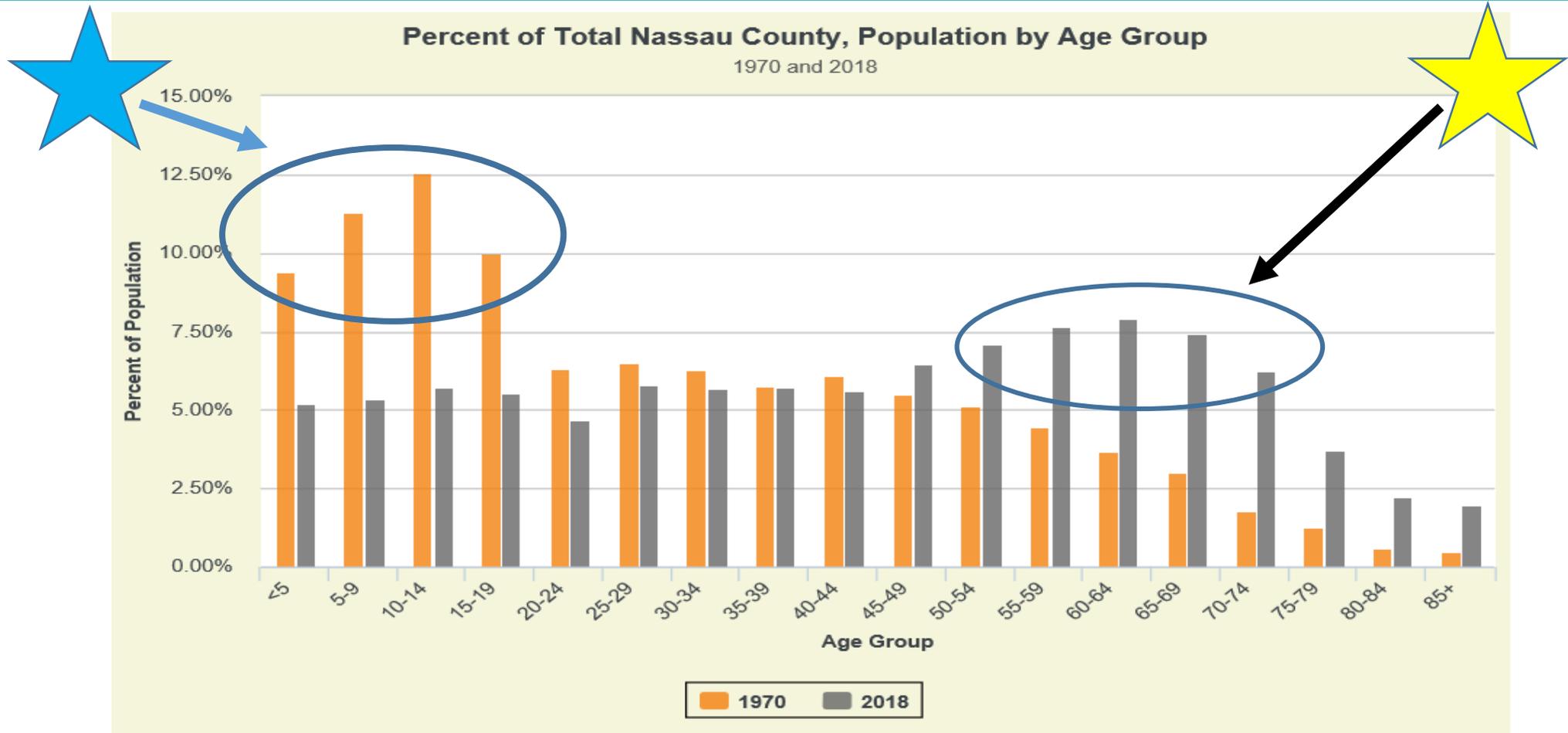
The 8 Domains of Livability



What is Nassau AFPH initiative?

- Nassau “Age Friendly in Public Health” Initiative - began 2018 as multiple county health department pilot to use a framework of connecting, convening, coordinating, data collection, communication and supplemental support to promote Age Friendly local PH system.
- Supported by an Advisory Council of 15 members
- Workplan includes data dissemination, policy & practice scan, education & communication.
- AFPH seeks to see Nassau County as the ideal place to live for all years of your life and involves MANY partners.

Population by Age 1970 and 2018

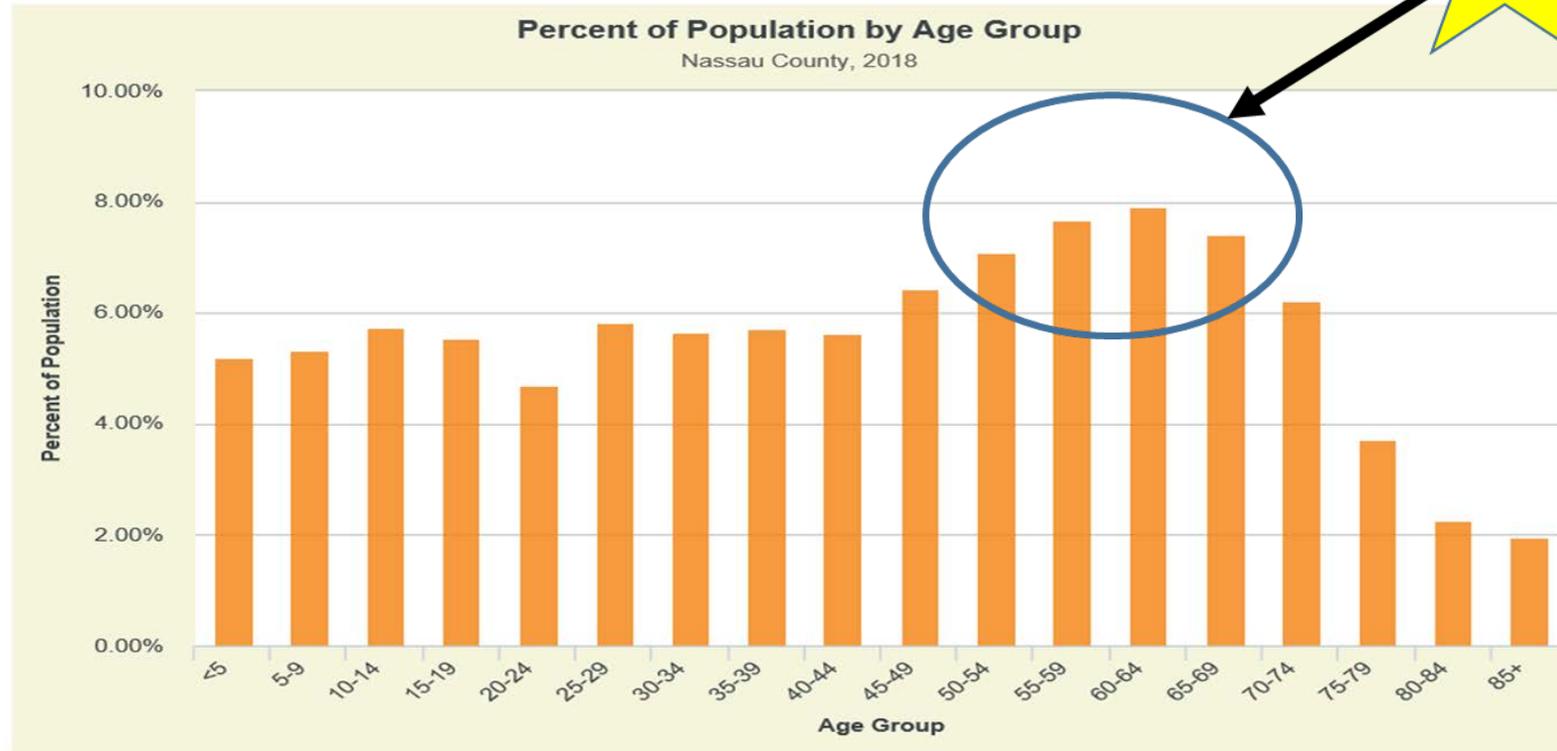


Source: Florida Legislature, Office of Economic and Demographic Research.

Population by Age 2018

Percent of Population by Age Group

Select a Year Select a county

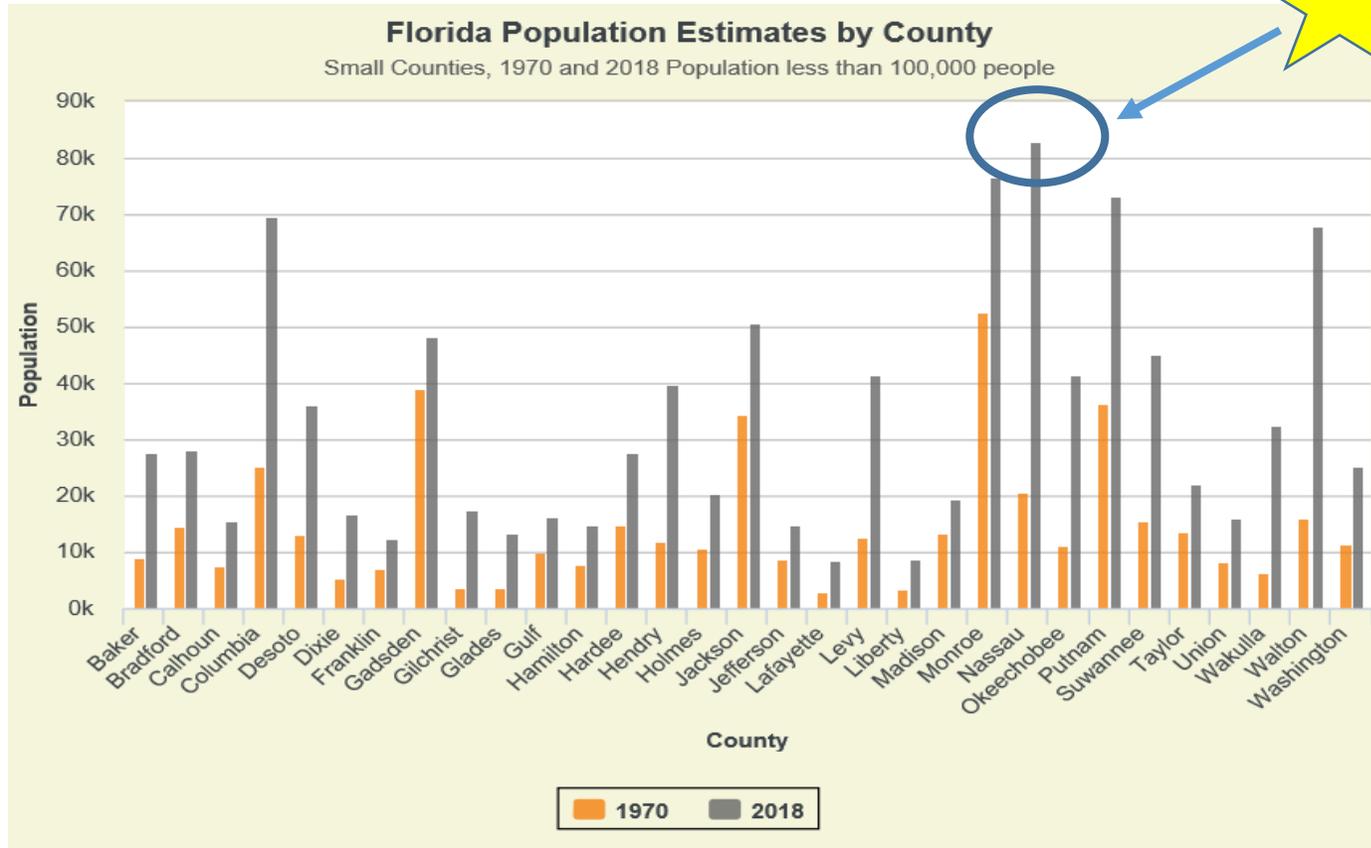


Note:
50-54: 7.09%
55-59: 7.66%
60-64: 7.91%
65-69: 7.43%

Total= 30.09%

Source: Florida Legislature, Office of Economic and Demographic Research.

Comparison with other FL Counties



Source: Florida Legislature, Office of Economic and Demographic Research.

County Name	Population (1970)	Population (2018)
Baker	9,242	27,488
Bradford	14,625	28,083
Calhoun	7,624	15,315
Columbia	25,250	69,566
Desoto	13,060	35,940
Dixie	5,480	16,767
Franklin	7,065	12,360
Gadsden	39,184	48,173
Gilchrist	3,551	17,578
Glades	3,669	13,193
Gulf	10,095	16,235
Hamilton	7,785	14,706
Hardee	14,889	27,436
Hendry	11,859	39,682
Holmes	10,721	20,404
Jackson	34,434	50,689
Jefferson	8,778	14,725
Lafayette	2,892	8,367
Levy	12,756	41,550
Liberty	3,379	8,781
Madison	13,481	19,420
Monroe	52,586	76,534
Nassau	20,626	83,125
Okeechobee	11,233	41,492
Putnam	36,290	73,422
Suwannee	15,558	45,123
Taylor	13,640	22,258

Nassau data:
1970: 20,626
2018: 83,215

Most growth of
any of the small
counties in Florida

Age Friendly Communities Membership

- Membership in the [AARP Network of Age-Friendly States and Communities](#) **does not mean** AARP is endorsing any of the following municipalities as a place to live. Nor does it mean the community or state listed is currently "age-friendly."
- Membership means that the community's elected leadership has made the **commitment** to actively work toward making their county a great place to live for people of all ages.

Domain 1 & 2

Infrastructure strategies:

Outdoor space that are pleasant and accessible for all persons. Well-lit safe streets and intersections. Side walks in good condition/non-slip pavement. Benches available, accessible restrooms. Walking paths allow for wheelchair access.



Domain 1

Outdoor Spaces and Buildings

People need places to gather — indoors and out. Parks, sidewalks, safe streets, outdoor seating and accessible buildings (think elevators, stairs with railing, etc.) can be used and enjoyed by people of all ages.



Domain 2

Transportation

Driving shouldn't be the only way to get around. Public transit options can be as expansive as a train system or as targeted as a taxi service that provides non-drivers with rides to and from a doctor's office.

Domain 3 & 4

Housing that is designed for Aging that fits all stages of life.

Universal design – such as lever door handles, no-threshold entries, comfort height toilets, pull out shelving, touch faucets, motion sensing light switches etc.



Domain 3 Housing

Most older adults want to age in place. Doing so is possible if homes are appropriately designed or modified — and if a community includes affordable housing options for varying life stages.



Domain 4 Social Participation

Regardless of one's age, loneliness negatively affects a person's health and sense of wellbeing. Isolation can be combatted by the availability of accessible, affordable and fun social activities.

Domain 5 & 6

Being addressed by many community partners.



Domain 5

Respect and Social Inclusion

Intergenerational activities are a great way for young and old to learn from one another, honor what each has to offer and, at the same time, feel good about themselves.



Domain 6

Civic Participation and Employment

An age-friendly community provides ways older people can, if they choose to, work for pay, volunteer their skills and be actively engaged in community life.

Domain 7 & 8

Strategies:

Communication - Easy to find information. Assuring that messaging is formatted for persons of all ages, realizing that not all have smartphones and are computer savvy.

Age Friendly Healthcare includes accessible services and use of new models and technology



Domain 7

Communication and Information

Age-friendly communities recognize that not everyone has a smartphone or Internet access and that information needs to be disseminated through a variety of means.



Domain 8

Community and Health Services

At some point, everyone gets hurt, becomes ill or simply needs a bit of help. While it's important that care be available nearby, it's essential that residents are able to access and afford the services required.

Process to join Network of Age-Friendly Communities

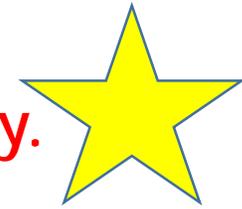
Application questions: simple, one page application

1. Provide a summary of community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.
2. How will the community engage and involve older people in the process of becoming more age-friendly?
3. Briefly describe the mechanisms the community is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.
4. How do you hope to contribute to the AARP Network of AF communities and the World Health Organization Global Network of Age-Friendly Communities?
5. What motivated you to join the network?
6. Submit to the network a digital file of a logo that represents your community and which you have reprint rights.

Join AARP Livable Communities

In October, 2019 the BOCC decided and submitted an application to join the AARP Livable Communities National Network.

October 16th was declared Age-Friendly Day in Nassau County.



This declaration and designation states the following: in Nassau County

- We will establish mechanisms to involve older people
- We will complete a baseline assessment of the age-friendliness of the community
- We will develop a community-wide action plan based on the findings of the assessment
- We will identify indicators so progress can be monitored against the action plan

Where are we now?

1. We are completing an **assessment** with local government department leaders to see how to be more age friendly.
2. We are launching February 1st **community wide surveys** - where by we will collect 500+ surveys telling us what matters to our older adults and those who care for them.
3. We will be holding focus groups/listening sessions to identify what needs to address in the Nassau Age Friendly Action Plan.
4. We need your help - to spread the word, complete the surveys, and share your ideas.

Questions?

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Thank you for your time!