

Nassau Health Improvement Coalition (NCHIC)
Minutes – March 25, 2013



Attendees: K. Albert, S. Austin, K. Clemons, M. Fly, A. Green, L. Jones, A. Sobolewski, S. Lee, M. Paschke, A. Powell, L. Powell, L. Rogers, P. Scattolon, M. Snyder, K. Williams.

Meeting was called to order at 1:05 by K. Clemons. January 2013 minutes were approved. Self introductions were made.

Partnership for a Healthier Nassau/CHIP Coordinating Role:

- Communication workgroup
 - Communications Paper Survey – (M. Paschke for Seidel) summarized the results of the recent "Where do you get your Health Information" surveys. Recent survey data illustrated that most people receive their health information from family, friends, and the doctor's office. If anyone is interested in using this health information survey with other groups, please contact Dr. Seidel.
 - National Health Observances- This information can be found at <http://healthfinder.gov/nho/NHOpdf/2013nho.pdf>. Opportunities available for NCHIC to write articles on priority issues
 - Community Resource Guide – Last revised in March. Keep sending updates to Ashley at Ashley_Sobolewski@doh.state.fl.us.
- "Walk with Me" Community Walking Group program (M. Paschke for M. Mann) –There will be a pilot presentation on April 10th at North Hampton, as well as a kick-off event for the community walking paths on May 11th. T-shirts to promote campaign may be ready by May event.

Coalition Strategic Planning: On behalf of Dr. Seidel, A. Sobolewski discussed NCHIC's opportunity to choose additional priority issues (in addition to the CHIP-linked ones) and formalize into a 2013 plan. Kerri Albert brought the idea of a suicide prevention program to the table. K. Albert and P. Scattolon briefly discussed possible collaboration with Nassau Youth Leadership for such a project.

A. Sobolewski informed group that Dr. Seidel formed the communication workgroup at the January NCHIC meeting and is still recruiting members.

Agency Updates:

Alliance for a Healthier Generation: not represented, but Kim Clemons discussed reciprocity between the Alliance and Healthier US Challenge Awards. Possibly two schools are eligible for the national bronze award through the Alliance.

Amelia Urgent Care (P. Scattolon): Sports physicals are available on Tuesday and Thursday from 2-6pm and available at reduced rate of \$20 per child. This clinic will assist mission teams with information regarding required and recommended immunizations – will provide some immunizations and refer as needed.

Baptist Nassau (M. Snyder): February's Heart Wise Nutrition Class was very successful. Next class is scheduled for June 13th from 12-2pm. Diabetes Education Program continues.

S. Lee discussed the hospital's community improvement plan targeting 7 focus areas. This three year plan will require a number of volunteers. More information to come. S. Lee also reported that Baptist Nassau continues to maintain Council on Aging property by the hospital. Hospital renewed the lease and provided \$100,000 donation to keep program running.

Barnabas: – not represented but S. Lee briefly discussed the new facility on corner of Jasmine St and 14th Street that will help expand Barnabas/Samaritan services to serve as a Rural Health Clinic. There are also pending proposals to bring a Federally Qualified Health Center (by new 5013c) to Nassau County at a later date.

Community Hospice (M. Paschke): Annual Caregiver Expo is scheduled for April 20th in Jacksonville. This workshop is free and open to the public. More information to come regarding caregiver workshops in the area.

The Coalition for Reduction/Elimination of Ethnic Disparities in Health (CREED): not represented, but S. Austin discussed successes of CREED's recent essay contest and health event promoting physical activity and healthy lifestyle. The "*Weight of the Nation* -Part 3: "Children in Crisis" film excerpt was screened to this audience of high school contestant winners, their families, and other adults and children community supporters of CREED.

Health Planning Council of Northeast Florida: S. Lee updated group on the success of Hale and Hearty 7K that was held in Fernandina on March 16th. Goal was to raise awareness regarding the Health Planning Council and increase the number of "healthy" people.

Family Support Services (K. Williams): Monthly breakfast learning series continues every fourth Tuesday. Tomorrow's (March 26th) speaker discusses how to access services for victims of sexual abuse. April celebrates recognition of Childhood Abuse Prevention Month. Discussed new "transformation" of DCF regarding "the way that they will do business." Improved and more immediate services will require entire community to get on board with changes.

NACDAC (K. Albert): Discussed recent substance abuse data illustrating decreasing alcohol rates among high school students. However, there is a disturbing increase in substance abuse among middle school students. This increase was accompanied by a decrease in the perception of harmfulness of drugs among this age bracket.

Florida Department of Health – Nassau County

Tobacco Prevention Program (L. Powell for Jennifer Emmons): L. Powell announced that the Tobacco Prevention Partnership meets tomorrow (March 26th) and plans to address expanding services to the Westside of Nassau. K. Clemons commented that the Tools to Quit (2 hour seminars) are a useful, free resource for the community.

Healthy Start Program (L. Rogers): Announced class series called 24/7 Dad (parenting support group for dads) starts in April. Just completed their inaugural, Teen 4me Health Class, a comprehensive sex education class. Next series will be in the fall. As part of the Safe Kids of Northeast Florida, Healthy Start is looking for partners for bike helmet and booster seat outreach events.

School District:

Office of Intervention and Prevention: A. Powell announced that there was good participation this year with the Florida Youth Substance Abuse Survey at Yulee High School (only selected participate schools during odd years). A. Powell reported that Angie McClellan is doing a great job with the Homeless Program including collaboration with the California Pizza Kitchen, who recently provided children's school supplies.

K. Clemons announced April 24th is Administrative Professional's Day. Teacher's Appreciation Week is May 6th -10th. The American Heart Association celebrates National Walking Day on April 3rd. Next School District Wellness Meeting is scheduled for April 1st. Zumbathon for ALS (Lou Gehrig's disease) to come in Nassau County. K. Clemons briefly described the Take Heart Nassau-Hands Only CPR Training (solely training - not a certification). More information to come.

Food Service (L. Jones for A. Graves): Summer feeding program continues this to offer free lunch meals to children (18 years old and under) from June 3rd to end of July at participating schools including Southside Elementary, Callahan Elementary, Yulee Elementary, Hilliard Elementary, Hilliard Middle-Senior High, as well as possibly delivery to other locations. Reasonably priced meals available for accompanying parents or guardians. L. Jones reported that Callahan and Yulee Southside Elementary Schools won awards during the Healthier US Challenge. Food Service will host "switch day" where some schools will serve lunch for breakfast and breakfast for lunch.

St. Vincent's Health: not represented, but M. Paschke reported their involvement in a project with community hospice in Riverside.

UF/IFAS (S. Austin): Discussed beneficial programs for schools including the Healthy School Challenge and Farm to School Program.

VITAS Innovative Hospice Care (M. Fly and A. Green): Announced the recent opening of the VITAS satellite office in Yulee. VITAS offers in-home, comprehensive hospice services and end-of-life care for adult and pediatric patients with life-limiting illnesses. VITAS is a sponsor of the ALS Walk on April 6th.

YMCA/ACHIEVE: not represented, but S. Lee discussed how this leadership committee continues to work on three initiatives including tobacco prevention, worksite wellness, and a healthy built environment for the community.

Katie Ride takes place April 20th. For more information, visit:
http://events.katierideforlife.org/site/TR/Events/General?team_id=1759&pg=team&fr_id=1080.
L. Jones announced that Chick-Fil-A will donate part of percentage of food sales on April 6th to this walk.

Next meeting scheduled for **June 3rd at 1 pm** – usual location (Yulee Full Service School).

Respectfully Submitted by A. Sobolewski