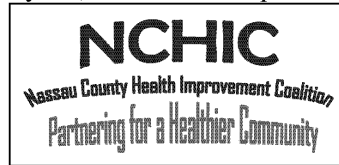


Nassau County Health Improvement Coalition (NCHIC) Minutes

January 27, 2014 – 1:00 pm at YFSS



Attendees: K. Albert, K. Clemons (Chair/facilitator), P. Beaty, J. Fountain, J. Emmons, M. McAlpine, Dr. Seidel, M. Paschke, A. Powell, L. Rozier, A. Sobolewski (Secretary).

Approval of October 2013 meeting minutes and introductions.

1. **Nassau County School District - Office of Intervention and Prevention** (Andreu Powell) – OI & P is recruiting volunteers for obtaining and compiling results for the Florida Youth Survey (2,000-4,000 surveys is goal). Survey will take place in February. Dates TBA and will be forwarded to NCHIC.
2. **Family Support Services** (Lisa Rozier) - Chris Compton is the new Nassau Service Director of Family Support Services. See agency updates for more detailed information.

FSS sponsors their Breakfast Learning Series tomorrow (1/28/14) on Florida Kidcare. Location is Lofton Square Court (Winn Dixie shopping plaza in Yulee). Breakfast (pastries and juice) is at 8:30am. The presenter starts at 9:00am.

3. **Community Hospice of Northeast Florida** (Maureen Kingsley Paschke)
 - The Caring for the Caregiver Event takes place on 2/1/14. See agency updates for more detailed information.
 - Camp Healing Powers takes place 2/28/14 – 3/2/14. This camp assists children (ages 7-17 years old) who have suffered the loss of a loved one and teaches them how to cope and express their grief. .
 - Bereavement support is ongoing on a monthly basis at two locations:
2nd Thursday at 1:00pm - Council on Aging
4th Tuesday at 6:00pm - Yulee Community Hospice Office (State Road 200)
 - Community Hospice is recruiting volunteers and ambassadors (requires additional training) for health fairs and other events.
4. **Partnership for A Healthier Nassau/"CHIP"** Coordinating Role in:
 - Walk With Me Updates –
UF/IFAS (Meg McAlpine) – Two new walking groups meet on a weekly at the following times and locations:
 - ✓ Mondays (Murray's Grill) at 8:30am
 - ✓ Wednesdays (Greenway in Fernandina Beach) at 8:30am
 - Communication Workgroup (Dr. Seidel) – This strategy is designed to help the community have better access to health care information. This presents an opportunity for NCHIC members to pull together and focus on health topics,

such as last May's article for Global Health Month. More information regarding communication survey results at a later NCHIC meeting.

5. **Community Resource Guide** (Ashley Sobolewski)

There are currently three versions of the CRG:

1. "CRG" – full length, most comprehensive version
2. "Directory" – shortest version (2 pages)
3. "CRG – Lite" – medium version created by Barnabas
 - The CRG and Directory were last updated January 2014
 - Links to most recent versions: www.nassaucountyhealth.org
 - Send updates to Ashley.sobolewski@flhealth.gov

NCHIC voted to add a "Mental Health Services" Heading to current CRG and add a link or pdf document (per Dr. Seidel's suggestion) containing NACDAC's comprehensive guide. K. Albert agreed to send A. Sobolewski a pdf version of NACDAC's current guide.

6. **NACDAC** (Kerri Albert) – Please support the Teens for Change (Fernandina Beach) by buying a bear at local stores. Bears will be donated to children at Wolfson's Childrens Hospital.

7. **FDOH/Nassau** (Dr. Seidel) – The State Surgeon General and Secretary of Health Dr. John Armstrong are promoting the Healthiest Weight Initiative. Go to the website (<http://www.healthiestweightflorida.com/>) for more information and to learn more about their Healthy Weight Community Champion Recognition Program to highlight communities for their important efforts. Dr. Seidel encourages NCHIC members to submit applications to recognize the health efforts of your organization or agency, especially for worksite wellness efforts. Also, results from the 2013 surveys "where do you get your health information" will be summarized by FDOH/Nassau epidemiology staff and presented at a future NCHIC meeting. Results may be used to improve NCHIC and participating organizations' communication outreach as well as development of a communication strategy for CHIP.

8. **Agency Updates** – See attached addendum for written agency updates that were handed out at the meeting.

9. **Upcoming NCHIC meeting dates (Yulee Full Service School):**

February 24, April 28th, and August 25th Times: 1pm

Respectfully Submitted by A. Sobolewski

Meeting hand-outs distributed:

- ✓ January NCHIC Agency Updates (addendum)
- ✓ October NCHIC Minutes
- ✓ *Camp Healing Powers* flyer from Community Hospice of Northeast Florida

Nassau Health Improvement Coalition (NCHIC) Updates

January 2014 Meeting



Community Hospice of Northeast Florida (Toula Wootan)

“Caring for the Caregiver” Workshop: Saturday, February 1, 2014

As more Northeast Florida seniors need full-time care, family caregivers need to understand their special needs, and how, when and where they can find help—for themselves and their loved ones.

“Caring for the Caregiver” ([download event flier from CommunityHospice.com](http://CommunityHospice.com)) is a workshop where family caregivers have an opportunity to connect with professionals and caregiving resources that will support them in their caregiving journey, network with fellow caregivers and listen to professional speakers who will discuss a variety of caregiving topics, including:

- Proper Body Mechanics When Caring for Your Loved One
- Technology and the Caregiver
- Fall Prevention
- What is End of Life Care?
- Challenging Behaviors of the Alzheimer’s Patient
- Caring for the Caregiver

Attendees will enjoy a complimentary breakfast and lunch and have a chance to win door prizes. Registration is free. To register, call **904.407.6790** by Friday, January 24. To request complimentary respite care for your loved one, call Jennifer Arnold at **904.807.1318**.

When: Saturday, February 1, 2014 Registration 8:30 a.m., Program 9 a.m. – 3 p.m.

Where: Legends Center, 5130 Soutel Drive, Jacksonville, FL 32208 Map: <http://goo.gl/maps/mrIHG>

“Caring for the Caregiver” is presented by [Community Hospice of Northeast Florida](http://CommunityHospice.com) and its partners in the [Caregiver Coalition of Northeast Florida](http://CaregiverCoalition.com); Alzheimer’s Association

Central and North Florida Chapter, Aging True, City of Jacksonville – Senior Services Division, ElderSource, Baptist AgeWell Institute, Mayo Clinic Florida – Memory Disorders Clinic and area Councils on Aging. Caregiver Coalition programs are made possible in part through the generous support of Florida Blue (Coalition 2014 Presenting Sponsor) and other community organizations. For more information about Caregiver Coalition programs and family caregiving resources, visit MyCaregiverConnection.org.

Family Support Services (Lisa Rozier)

Nassau Service Center Director Kara Williams will be leaving FSS effective January 21, 2014. However, she will continue to provide support and assistance to FSS and the families in Nassau County as the Director of Community Organization at the Delores Barr Weaver Policy Center.

Although Kara will be missed, we are very proud to announce the hiring of Chris Compton as the new Nassau Service Center Director. Chris has over 13 years of child welfare experience, starting as a Child Protective Investigator in Duval County. He's had many roles since then including the Statewide Specialist in Child Protective Investigations, Deputy Director of the Florida Abuse Hotline, and most recently as the Program Manager for the Family Integrity Program in St. Johns County. Please join us in welcoming Chris to the team.