

Nassau County Health Improvement Coalition (NCHIC) Minutes

April 28, 2014 – 1:00 pm at YFSS



Attendees: J. Bowls, V. Caraway, M. Charles, K. Clemons (Chair/facilitator), V. Falzoi, G. Green, M. Mann, M. Paschke, M. Phillips, A. Powell, L. Rozier, E. Ngo- Seidel, M. Snyder, A. Sobolewski (Secretary), K. Walters.

1. Approval of February 2014 meeting minutes as amended. Introductions were then made.

2. Dr. Seidel gave a brief overview of how NCHIC has aligned with the Nassau County Health Improvement Plan (CHIP) involving two objectives related to the “Walk With Me” initiative and “communication group” pertaining to effectively communicating health information to the community.

Partnership for A Healthier Nassau/”CHIP” Coordinating Role in:

Communication (Dr. Seidel) - See *National Health Observances* and *County Health Rankings* hand-outs. Dr. Seidel discussed how NCHIC members have in the past linked health observances to joint press releases. Dr. Seidel opened this idea up to the group again and suggested at least one agency partner with NCHIC to highlight an existing worksite wellness program.

Walk with Me (Dr. Mann) – Discussed upcoming “Walk With Me” walking day on May 17th at 9:30am. There will be several groups walking at different locations around Nassau County. NCHIC members will be leading groups at the following locations: Meeting at Lowe’s Parking Lot for Barnwell Road neighborhoods (Kim Clemons), Meeting at pool parking lot of Isle de Mai (Mike Beard), N. Hampton (M. Paschke and M. Mann), and Marsh Lakes (E. Seidel). Email mmannjohnson@aol.com if you would like to be a group leader or need more information about joining a walking group that day. Dr. Mann plans to have this event in the local newspaper submitted by the end of this week and will be attending Dr. Prince’s monthly walking group in Callahan in order to help promote this event. “Walk With Me” logo towels are available for group leaders. Participants must fill out communication survey to receive towel.

As seen in the newspaper, K. Clemons mentioned that M. McAlpine’s UF/Extension weekly walking group has been linked to the “Walk With Me” initiative as seen in the newspaper.

CRG/Directory and Lending library (A. Sobolewski) – See FDOH/Nassau’s website for links to the CRG/Directory (updated April 2014), Lending library, NCHIC, and Walk With Me. Email Ashley.Sobolewski@flhealth.gov with CRG updates and/or if your

organization is interested in utilizing the “Train the Trainer” Lending Library, which has free resources for an agency to host their own health education classes.

Ashley said she will forward the information to sign up for an upcoming webinar: Food is Medicine: Integrating Food Programs into Health Care.

Dr. Seidel mentioned that NEFL Counts website is available to post community events. This information will be forwarded to NCHIC.

3. Please contact one of the following people if you are interested in joining NCHIC’s new NCHIC subcommittees:

Policy (Contact Dr. Seidel) –Policy, systems, changes, and practices (all evidence-based) versus programs/services. This group will discuss ways to create environments where people can be more physically active and healthy.

Worksite wellness (Contact K. Clemons) –planning for Nassau County Corporate Roundup Luncheon where worksite wellness representatives in Nassau will come together and learn best practices and other information regarding relevant health topics.

Positive messaging for “healthy lifestyles and wellness” (Contact A. Sobolewski) – Creating positive health messages (nutrition, exercise, and lifestyle) that targets all shapes and sizes of people by avoiding health-related terminology (i.e. overweight, obese) that can be perceived as negative or unmotivating.

Health Information Survey Analysis (Meri Phillips, MPH – FDOH/Nassau Epi) – M. Phillips gave Power Point presentation on the health information survey (developed in CHIP process) results from 61 surveys that were recently filled out at three different venues. Popular responses for how people reported finding health information included television, family/friends, internet, and doctors’ offices. Contact Meredith.phillips@flhealth.gov for more information on these results.

Dr. Seidel mentioned that this CHIP survey can be used to find out if we are efforts are lining up with our message. For example, physician offices and press releases create opportunities for us to share health information to those who do not have the internet.

K. Clemons suggested inviting more community organizations (i.e. Osprey Village and Savannah Grande) that work with the elderly in order to gain more input at NCHIC.

No verbal agency updates were given today. See attachment with written agency updates*

Upcoming NCHIC meeting dates (Yulee Full Service School):

August 25, 2014 1pm

October 27th, 2014 1pm

June 23, 2014 1pm ***NCHIC subcommittees meet

Respectfully Submitted by A. Sobolewski on 4/28/2014

Meeting hand-outs distributed:

- ✓ February Minutes
- ✓ National Health Observances (Dr. Seidel)
- ✓ Community Health Rankings (Dr. Seidel)
- ✓ Communication Survey (M. Phillips)
- ✓ Barnabas flyer (V. Caraway)

Nassau Health Improvement Coalition (NCHIC) Updates

April 2014 Meeting



Family Support Services (Lisa Rozier)

CHILD ABUSE PREVENTION MONTH

Party in the Park for Prevention: Friday, April 25th 6-8 p.m.

Location:

Friendship Foundation Park

1015 Museum Circle

Jacksonville, FL

On the Southbank Riverwalk

Special Guest: Jacksonville Mayor Alvin Brown

Contact: Barbara.jones@fssnf.org or 904-432-2719

D.A.D: May 3rd and June 7th

1PM - 2PM

Schell-Sweet Community Resource Center

1697 Kings Road

Jacksonville, FL 32209

Dad All Day is a free fatherhood program from Family Support Services.

Open to all dads of all ages with children of all ages!

Contact: rev.leonhill@gmail.com or 904-864-5390

Family Support Services

Breakfast Learning Series: April 22nd 8:30AM – 10:30AM

Fourth Tuesday of Every Month in Nassau County

Location:

96016 Lofton Square Court

Yulee, FL 32097

February Topic – DCF/FSSNF/JFCS
Contact: lisa.rozier@fssnf.org or 904-225-5347

Born Learning Parenting Classes with United Way
Instructor: George Robinson
Location:
FSS Nassau Office
96016 Lofton Square Court
Yulee, FL 32097
Contact: FSS to Register 904-225-5347

FDOH/Nassau – Health Education Program

- Please contact Ashley.sobolewski@flhealth.gov or (904)548-1853 if you know of an organization or community group that is interested in hosting their own health education. List of available classes through the “train the trainer” lending library is listed on the revamped FDOH/Nassau has new website.

<http://www.floridahealth.gov/CHD/Nassau/healtheducation.htm>

- See FDOH/Nassau website to view the NCHIC, Community Resource Guide, and Walk With Me pages. Send updates/edits for Resource Guide to Ashley.