

Nassau County Health Improvement Coalition (NCHIC) Minutes  
January 25, 2016 – 1:00 pm at Yulee Full Service School



Attendees: Kim Clemons (Chair), Emma Coombs, Jennifer Emmons, Paola Hernandez Ruiz, Dr. Lauren Jones, Danielle Leen, Angie McClellan, Maureen Paschke, Pam Prince, Bobbi Roberts, Lisa Rozier, Mary Snyder, Kate Spilsbury, Ashley Sobolewski (Secretary), Mary Von Mohr.

1. Meeting called to order by Kim Clemons at 1:05pm
2. Review and approval of October meeting minutes with amendment of spelling error on one name.
3. Worksite Wellness Initiative - Kim Clemons discussed how the Nassau County Worksite Wellness subcommittee used funding from an ACHIEVE grant to hire a worksite wellness coach to help local businesses in Nassau. The final report on work with eastside companies is being completed and this subcommittee will be sponsoring a lunch and learn meeting at the Callahan Chamber of Commerce to promote similar worksite initiatives on the westside of town.
4. Speakers of Other Languages (ELL Program) – Paola Hernandez and Bobbi Roberts discussed the ELL Program and explained how there are paraprofessionals designated at the schools to help accommodate children who speak languages other than English. There is a large Spanish population, as well as six other languages spoken. Paola and Bobbi emphasized the need for more information in Spanish about basic services offered in the community, particularly at Southside. Kim Clemons encouraged NCHIC members to go back to our agencies and ask ourselves the following question: How are we doing to get information about our program out to people who do not speak English? Agencies are encouraged to send out fliers regarding health services in English and Spanish as appropriate.
5. Community Engagement/Healthiest Weight FL/QI Project - Ashley Sobolewski discussed the promotion of the 95210 health campaign that is being piloted at Callahan Intermediate School. The children promote this campaign weekly on their morning announcements. This campaign will soon be mirrored to the parents through newspaper ads and local churches. Contact Ashley if you have suggestions for westside churches that could be reached.

Ashley announced that Kelly Cook (new Health Education Program Manager) will be transitioning to NCHIC Secretary and coordinator of the Community Resource Guide (CRG). Starting in February, please contact Kelly. [Cook@flhealth.gov](mailto:Cook@flhealth.gov) regarding updates for the resource guide as well as NCHIC announcements. Kelly will bring a hard copy of the CRG to the next NCHIC meeting for agencies to edit. The group expressed appreciation to Ashley for her work with NCHIC.

## Verbal Agency Updates –

FDOH/Nassau - Mary Von Mohr handed out fliers and announced the upcoming CHIP meeting on February 24<sup>th</sup>. Please spread the word to agencies and community members.

NACDAC – Emma Coombs announced that in addition to being at each high school, there will now be a Prevention Specialist at the middle schools and Fernandina. There are also eight instructors who will be teaching Youth Mental health First Aid to school employees in order to help them recognize and address mental health and substance abuse issues among school children. This training will also be made available to the community.

Health Planning Council of Northeast Florida – Pam Prince discussed her role as a “navigator,” who educates people on their options if they do not qualify for Obama Care.

FL Blue- Kate Spilsbury discussed how FL Blue provides services and is willing to educate groups on healthcare reform, including best plans for those with FL Blue health insurance.

Kim Clemons invited everyone to stay after for Summer Feeding Program Brainstorming Session.

Save the date for future NCHIC Meetings: 2016: March 28<sup>th</sup> and May 16<sup>th</sup>.

Meeting Minutes Respectfully Submitted by Ashley Sobolewski 1/25/16

Flyers and hand outs:

ELL Population in Nassau County

Caring for the Caregiver

Last chance for Open Enrollment of Affordable Care Act – FL Blue