

Nassau County Health Improvement Coalition (NCHIC) Minutes

July 25th, 2016 – 1:00 pm at Yulee Full Service School



Attendees: Andreu Powell (Chair), Kelly Cook (secretary), Anna Kuhns, Dr. Seidel, Lisa Rozier, Mary Snyder, Jennifer Stein, Gretchen P. (sub for Kerrie Albert), Virginia Caraway, Emma Coombs, Will Hesse, Pam Prince, Lesley Seaton

1. Meeting called to order by Andreu Powell at 1 pm
2. Review and approval of May meeting minutes -- Motioned to approve minutes.
3. Hard copy of Worksite Wellness Resource Guide distributed. Additions: Jennifer Stein with First Coast Worksite Wellness Council gave a brief background/description of the guide, printed courtesy of the Worksite Wellness Subcommittee. She informed the group that the resources listed in the guide are specific to Nassau County, more copies can be printed if needed, and there will be updates to the online version as needed. Dr. Seidel invited interested members to join the Worksite Wellness Subcommittee.
4. Alexandra Davis with the American Cancer Society presented an overview of the ACS's programs and services, as well as Relay for Life Events coming up locally. She also emphasized that fundraising efforts stay local. (See power point for more information)

Highlights specific to Nassau:

- Hope Lodge- located on the Mayo Clinic campus, first in Jacksonville! Provides free transportation and lodging for cancer patients (and their families) who are receiving treatment within the service area.
- Road to Recovery – run by volunteers and provides free rides to doctor appointments for cancer patients. Nassau is one of the counties with the highest number of volunteers for this program!
 - Additionally, other local cancer support services mentioned-- Virginia Caraway with the Barnabas Center informed the group of Jerry's Corner for Cancer Support (by appointment only). Lisa Rozier with Family Support Services mentioned Pinky promise, which serves the Westside of the county.
- New HPV Guidelines –including boys in vaccinations

Contact Info:

Alexandra Davis, Community Manager

Staff Partner for Relay For Life of Fernandina Beach/Yulee, Relay For Life of Nassau County West, Relay For Life of Northside, and Relay For Life of Greater Arlington

Phone: 904-391-3643, email: Alexandra.davis@cancer.org

National Cancer Information Center: 1-800-227-2345 (toll free, open 24/7)

5. Kelly Cook with FDOH gave updates on Healthiest Weight Initiatives:

- Every Kid Healthy Week at Yulee Elementary School-- after pledge cards for Screen-free week were collected, the children's suggestions for healthy activities were compiled into "Word Maps", visually representing common words and themes, such as "PLAY", "FRIENDS", "FUN", etc. This feedback gives guidance for future efforts to promote healthy physical activities that kids will enjoy doing, thus making them more effective.
- Healthiest Weight 16/17 – Priorities for the upcoming year --Emphasis on Health Equity through Healthy Places.
 - Early Care and Education-best practices and HEPA
 - School Health and recognition through Healthier U.S. Schools Challenge: Smarter Lunchroom (HUSC:SL),
 - Worksite Wellness- CDC Scorecard
 - Healthcare Settings –chronic disease prevention (increase awareness of healthy blood pressure, heart disease and diabetes)
 - Community Champions –advancing health equity through Built Environment and Healthy Food Retail

6. Andreu Powell with Nassau School District announced the next SHAC meeting will be on September 14th at 2pm at Yulee Elementary School, and encouraged community members to attend.

Verbal Agency Updates –

**** Save the date for future 2016/2017 NCHIC Meetings:**

September 26th, November 28, January 23rd, March 27th, May 22nd.

Meeting Minutes Respectfully Submitted by Kelly Cook, 7/27/2016

Flyers and hand outs:

Back to School/Free Physicals Event Flyer

PowerPoint Slides from American Cancer Society