

Nassau County Health Improvement Coalition (NCHIC) Minutes
May 16th, 2016 – 1:00 pm at Yulee Full Service School



Attendees: Kim Clemons (Chair), Virginia Caraway, Kelly Cook (secretary), Dr. Lauren Jones, Anna Kuhns, Dr. Seidel, Angela McClellan, Andreu Powell, Lisa Rozier, Mary Snyder, Mary Von Mohr, Jennifer Stein, Craig Daniels, Beth Verlinde, Amy Cohen, Melanie Patz

1. Meeting called to order by Kim Clemons at 1:05pm
2. Review and approval of March meeting minutes -- Motioned to approve minutes with minor correction. ** As a follow up to the March meeting, Sr. Seidel plans to draft a letter to local ECE facilities on behalf NCHIC to support healthy snack options to gain support.
3. Hard copy of most recent Community Resource Guide/Directory was circulated to members for updates/additions, and once corrections are made will be posted on the Nassau DOH website.
4. Melanie Patz with Baptist Health reviewed the results of the Community Health Needs Assessment (CHNA) for Nassau. She noted that Baptist is the only non-profit hospital system to provide services in Nassau County, and there are a limited number of medical providers per capita in the county. Prioritized Needs (2015) identified: 1. Access to Care, Cancer, Health Disparities, and Mental Health. For the full Assessment Report and Implementation Plan, please refer to the attached PowerPoint presentation or the following link:
<https://www.baptistjax.com/about-us/social-responsibility/assessing-community-health-needs>
5. Mary Von Mohr with DOH gave an update on the Partnership for a Healthier Nassau (PHN) Community Health Improvement Plan (CHIP 2016-2018). She discussed the Community Health Status which identified the top 3 causes of death in Nassau (2012-2014) were cancer, heart disease and chronic lower respiratory disease. Top Health Issues identified were Access to Care, Behavioral Health and Substance Abuse, and Transportation. She discussed the Nassau Transit program and gave a "transportation mini-needs assessment". The group brainstormed ideas (expanded hours and routes/partnerships with churches) for improving the current system to increase access.
6. Kelly Cook with DOH gave updates on Healthiest Weight Initiatives: (9)5210 project at Callahan Intermediate School with weekly morning announcements with healthy messages (sleep, nutrition, exercise, screen time, water). The Nassau County Record ran a Healthiest Weight tip in the newspaper on March 31st with 5210 messaging, and Dr. Seidel plans to collect 5210 follow-up surveys at the upcoming Barnabas Health Fair May 21st as the "post-

intervention” assessment for the HW QI project. Every Kid Healthy Week was an event at Yulee Elementary School to promote screen free week April 25-29th, where pledge cards were handed out during PE classes for kids to pledge to reduce screen time and choose healthy activities for 1 week and earned neon green shoelaces in return! (no final count of pledge cards available at time of NCHIC meeting)

7. Kim Clemons gave updates on Worksite Wellness Committee meeting on 5/16. Amy Cohen with Inspired Perspectives design company is the vendor currently updating Worksite Wellness Resource Guide. She discussed possible new activities --partnering with First Coast Worksite Wellness Council to recognize local businesses similar to Jacksonville Healthy Companies (press release through DOH with success stories?). Reminder that May is Global Employee Health and Fitness month. Next Worksite Wellness Subcommittee meeting will be Monday, June 20th at 9:45 at the Chamber of Commerce in Fernandina (961687 Gateway Blvd).

8. Lauren Jones with Nassau County School District gave information and flyers about the Summer Food Service Program. All children 18 years old and younger are provided breakfast and lunch FREE all summer long at one of your local cafeterias through the Summer Food Service Program. The purpose is to ensure that children in low-income areas receive nutritious meals while school is not in session. Students who participate in the National School Lunch and School Breakfast Program and receive free and reduced-price meals during the school year often lose access to these nutritious meals during the summer. The Summer Food Service Program is meant to bridge that gap. For more information, contact the food service office at 491-9924

9. Andreu Powell with Nassau School District announced that Nassau School District has earned the designation of Gold District for another 2 years!! ☺ He also announced the next SHAC meeting will be at Yulee Elementary School at 2pm on May 25th.

Verbal Agency Updates –

**** Save the date for future 2016/2017 NCHIC Meetings:** July 25th, September 26th, November 28th, January 23rd, March 27th, May 22nd.

Meeting Minutes Respectfully Submitted by Kelly Cook, 5/18/2016

Flyers and hand outs:

Baptist Community Health Assessment power point
Partnership for Healthier Nassau CHIP/Strategic Health Leads
Nassau Transportation mini- needs assessment