

## Nassau County Health Improvement Coalition (NCHIC) Minutes

September 26th, 2016 – 1:00 pm at Yulee Full Service School



**Attendees:** Kim Clemons(Chair), Kelly Cook (secretary), Anna Kuhns, Dr. Seidel, Ashley Sobolewski, Lisa Rozier, Mary Snyder, Jennifer Stein, Dr. Lauren Jones, Virginia Caraway, Will Hesse, Michelle Shock, Marci Dillard, Jessica Courson

1. Meeting called to order by Kim Clemons at 1 pm
2. Review and approval of July meeting minutes – minor spelling error for “Gerri’s Corner” noted --Motioned to approve minutes.
3. Kim Clemons in place of Terri Cicero (absent d/t family emergency) gave a brief overview of “904-Mission One Million”. While the movement originated in Duval County, it includes Nassau as a community in the 904 area code. Kim also mentioned that representatives are available to come on-site to various locations/worksites to discuss health topics as requested.
  - Mission One Million (M1M) is a movement founded by the Duval County Medical Society (DCMS) Foundation to challenge the citizens of greater Jacksonville to lose at least ONE million pounds. You can set your own missions, whether it is losing weight, eating more veggies and fruit, being more active, etc.
  - Sign up at the website below and check back often to track your weight loss. You will receive a pdf **Mission Accepted Sign** to print off and fill out with your personal "mission" to keep in your office or at your desk for motivation. <http://904missiononemillion.com/>
4. Dr. Seidel, FDOH/Nassau Director – requested input on the new FDOH Nassau Strategic Planning Priorities and discussed Public Health Resource Links
  - Strategic Plan is reviewed every 3 years (current cycle 2017-2019). Input from community stakeholders was requested through an online community survey.
  - Strategic Focus Areas that align with NCHIC
    - Prevention and Health Promotion –Healthiest Weight-reduce chronic disease/health disparities
    - Health Protection- Inform and educate the public regarding disease control/strengthen surveillance by increased linkages with community partners
    - Organizational Excellence- increase opportunities for employee wellness

- Meeting attendees were given the opportunity to ask questions about the priorities, further discuss or provide input through written community engagement survey or via email
- Review of DOH-Nassau webpage on sharepoint site with important links:
  - Healthiest Weight, Department Directory, FL Charts –useful comparison data county- by- county

5. Kim Clemons reviewed Worksite Wellness Subcommittee SWOT results:

- Brief overview of the background of the subcommittee which originated with the Achieve grant as funding source
- Discussed past successes/achievements, including hiring of a Wellness Coach to mentor local Nassau Businesses, publishing of Worksite Wellness Resource Guide
- Discussed possible future directions of NCHIC and the Worksite wellness subcommittee:
  - SHRM –Society of Human Resource Management
  - End of Year award recognition for local businesses (partner with FCWWC)
  - Does NCHIC want to pursue fiduciary/fiscal agent for future grants related to worksite wellness?
  - Motioned to approved NCHIC to work with the local Chambers to promote worksite wellness initiatives
  - Please see survey monkey link to take full survey regarding NCHIC/Worksite wellness subcommittee feedback:  
<https://www.surveymonkey.com/r/NQ65SGZ>

Verbal Agency Updates –

**\*\* Save the date for future 2016/2017 NCHIC Meetings:**

**November 14<sup>th</sup> (\*note revised date),** January 23<sup>rd</sup> , March 27<sup>th</sup> , May 22<sup>nd</sup>.

*Meeting Minutes Respectfully Submitted by Kelly Cook, 10/3/2016*

**Flyers and hand outs:**

Survey Monkey Link for NCHIC/Worksite Wellness